

# 2019-2020 - Rundle College Athletics Coaching Positions

## **VOLLEYBALL:**

### ASSISTANT COACHING POSITIONS:

- GR. 7 GIRLS VOLLEYBALL
- GR. 9 BOYS VOLLEYBALL
- SR. BOYS VOLLEYBALL



## **BASKETBALL:**

### ASSISTANT COACHING POSITIONS:

- GR. 8 BOYS BASKETBALL

## **Coaching Responsibilities:**

1. **Assistant Coach:**
  - Technical coaching support
  - Availability for practices and games

These are paid coaching positions. If you are interested, please contact Ms. Adolphe: [adolphe@rundle.ab.ca](mailto:adolphe@rundle.ab.ca)

# 2019-2020 - Jr. Cobras Coaching Positions

## Collett School Gymnasium

3:15-4:15 PM



### BASKETBALL (8 Sessions)

Gr. 4-6 Boys **Mondays**

Sept. 9, 16, 23, 30

Oct. 7, 21, 28

Nov. 4

Gr. 4-6 Girls **Tuesdays**

Sept. 10, 17, 24

Oct. 1, 8, 15, 22, 29

Gr.1-3 Boys **Wednesdays**

Sept. 11, 18, 25

Oct. 2,16, 23,30

Nov. 6

Gr. 1-3 Girls **Thursdays**

Sept. 5, 12, 19, 26

Oct. 10, 17, 24, Nov. 7

### VOLLEYBALL (8 Sessions)

Gr. 4-6 Boys **Mondays**

Nov. 18

Dec. 2, 9, 16

Jan. 6, 13, 20, 27

Gr. 4-6 Girls **Tuesdays**

Nov. 19, 26

Dec. 3, 10, 17

Jan. 7, 14, 21

Gr.1-3 Boys **Wednesdays**

Nov. 13, 20, 27

Dec. 4,18

Jan. 8, 15, 22

Gr. 1-3 Girls **Thursdays**

Nov. 14

Dec. 5, 12, 19

Jan. 9, 16, 23, 30

### Coaching Responsibilities:

1. **Head Coach:** Planning and delivering of practice sessions (contact me for more info)
2. **Assistant Coach:** Working 1 on 1 with our young athletes, following the instruction of head coaches.

These are paid coaching positions.  
If you are interested, please contact  
Ms. Adolphe:

[adolphe@rundle.ab.ca](mailto:adolphe@rundle.ab.ca)